

# youth games

## FRIZBEE LEAK

### WORKS BEST

Any number of people. Indoors.

### NEEDS

2 Frisbees  
2 Glasses of water  
or  
2 bottles of water

## THE GAME

A game involving balancing, water and relays-- a combination that makes for a lot of fun. In teams participants will have to transfer water from one side of the room to another, in Frisbees on their heads retaining as much water as possible.

You will need two frisbees and two glasses or bottles of water. Select four or six participants from each side -- boys and girls. Send half of each team to one side of the room and half to the other.

The object is to walk across the room with a frisbee on your head and pass it off to the team member, back and forth until everyone has gone. The catch: the frisbee is full of water!

### SOURCE

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Download the PDF for instructions on how to run the game and things that you will need for the game to work.